

Communities We Serve

City of Cohoes
City of Gloversville
City of Johnstown
City of Mechanicville
City of Watervliet
Town of Clifton Park
Town of Colonie
Town of Corinth
Town of Duanesburg
Town of Glenville
Town of Guilderland
Town of Hadley
Town of Knox
Town of Nassau
Town of Niskayuna
Town of Rotterdam
Town of Schodack
Town of Stillwater
Village of Ballston Spa
Village of Corinth
Village of Fort Plain
Village of Green Island
Village of Highland Falls
Village of Scotia
Village of Waterford

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Public Housing Family Self-Sufficiency Program

*A program supporting
self-improvement & economic
growth for families*

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Who Can Participate?

Residents who currently live in an apartment located in a Public Housing complex are eligible for the Family Self Sufficiency Program.



What is the FSS Program?

The Family Self-Sufficiency Program (FSS) is a voluntary program designed to help families achieve economic growth through education, improved employment opportunities, financial planning and home ownership. FSS staff work closely with nonprofit organizations, social service agencies and educational institutions to identify available resources to help participants overcome barriers to economic independence.

Help from FSS Coordinators

If you choose to participate in this program, you will meet with a Referral Coordinator to decide what goals you want to accomplish in the next few years and what steps you need to take to accomplish them.

The FSS staff includes specialists who can work with you one-on-one in:

- Credit Counseling – ordering credit reports and scores, disputing errors, making payment arrangements, & creating debt reduction plans
- Budget & Financial Counseling – assisting in budget plan preparation and building emergency funds

Your Referral Coordinator can also provide you with resources for:

- Child Care
- Employment
- Education
- Transportation
- Legal Assistance
- Disability Assistance: SSI/SSD
- Emergency Assistance and Food Pantries
- Obtaining a Section 8 Rental Assistance voucher
- General Advocacy

Community Service

FSS can be used in lieu of your community service requirement in the following ways:

- By working with an FSS specialist or your Referral Coordinator
- Attending at least two community workshops a year

Financial Benefit

When you are enrolled in FSS you have the opportunity to start earning money in an escrow account. You can start earning money when your income increases due to starting a job, increasing your work hours, or receiving a raise. This money can be used toward helping you complete your goals while you are in the program.

These funds can be used to pay off debts, purchase vehicles, pay college tuition fees, etc. When you've completed your goals and are ready to graduate the money in the escrow account will be given to you to use how you see fit.



Graduation

You will graduate the FSS program when you complete all of the goals you set to accomplish.

